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INTRODUCTION AND WELCOME

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The aim of the course and learning outcomes

The aim of the course

is to learn to understand and critically evaluate the modern nursing and caring science theories, have an ability to teach theories to nursing science students and know how to apply current nursing science theories into different clinical fields.

Learning outcomes

Following completion of the course the participant will be able

- to understand the modern nursing and caring science theories/models
- to understand the process of theory/model development and know how to apply current nursing and caring science theories/models into different clinical fields, leadership/management, education and research.

Please answer these questions, write your answer to the chatbox!

What did you know about the substance and theory development in nursing before this course?

Could you please rate your knowledge of nursing/caring theories before starting this course and before the preparatory work on a scale from 1 to 10.

Could you please rate your actual knowledge of nursing/caring of today on a scale from 1 to 10.

What do you think about the importance and implementation of theories at the end of the part one?

Requirements of the course

- Student's preassignment work should be sent in before the course.

If you don't have sent in your preparatory work, please send it in latest Wednesday evening!

- Attendance is mandatory and active participation during the course days.

We will check your participation during the days, and also randomly!

- Student's essay should be sent in by 30. September 2021.

- The essay should be written individually.

- No plagiarism is allowed.

**PLEASE FEEL FREE TO ASK
QUESTIONS AND GIVE
COMMENTS!**



Preparatory work and final assignment

The aim of your preparatory work was to become familiar with one nursing/caring theory or model by reading two articles, and by answering these questions:

- What are the main concepts of the theory/model?
- How is the theory/model used in the articles?
- What is the 'main message' of the theory/model?

Assignment as a written essay

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- You have to continue with the same caring/nursing theory as for the preassignment, but you will deepen your knowledge about it by reading more (at least one additional article about the theory/model).
 - Please read chapters from ebooks that describes your theory/model.
 - You have to focus on one of the following areas in the written essay:
 - a. Clinical practice in different specialization fields
 - b. Development of nursing care
 - c. Nursing education
 - d. Leadership/management

Guidelines for essay writing

1. After reading, start to analyze and evaluate:

a. the process of theory/model development, i.e. **how the theory/model was created**, describe **who** developed the theory/model etc.

b. the **content** of theory/model

c. the **testing** of the theory/model

d. **usefulness** of the theory

2. Please **analyze and evaluate how the theory/model has been used in the area you have already chosen** (clinical practice, development of nursing care, nursing education, leadership/management).

3. Please **reflect on the usefulness** of the theory/model and the analyzed material for all the areas (**research, clinical practice, development of nursing care, nursing education, leadership/management**) in your country.

4. Please write a **short conclusion** about of what you have learned from the analyzed material, and please present some **recommendations for further research**.

Important instructions

The essay should be written **individually**.

The essay should be **at least 8 pages long (excluding references)**.

Use the font **Times New Roman, font size 12, line spaces 1.5, and margins 2 cm**.

The essay should be submitted to Stina Wallin at Åbo Akademi university, stina.wallin@abo.fi,
by 13. September 2021.

The **five participants who have written the best essays will get the opportunity to further develop their essays for the purpose of articles in Astana Medical Journal and/or online publications for Center for Nursing Excellence website, with support from teachers**.



Future nursing research 2030 – from a Finnish perspective

University of Eastern Finland:

- PreSENC – Preventive, Safe and Effective Nursing by Science
- Being present as the core of nursing care in a changing world with AI and digital simulations.

University of Oulu:

- 'Human orientation' /ihmislähtöisyys, client-centered orientation
- Digitalization
- The vision is to promote the health and wellbeing of the population
- To enhance the access to care, care and services in time and continuously



Future nursing research 2030 – from a Finnish perspective

University of Tampere:

- The focus is on central scientific and societal and internationally important issues
- The family, the every day of the family, services for the family
- Central questions of leadership and teaching

University of Turku (number 29 in the international QS comparison, 2021):

- Research program: Empowering population, Patients, Professionals in Health and Care, EPPP
- Ethics and nursing/caring, Connected Health
- Mental health and digitalization
- Aging persons' health, nursing care and services
- Clinical nursing care and evaluation of it



Olga Riklikiene's comments regarding future nursing research

First - I think in the future nurses and nursing researchers should rely more on theories from other field as well, expanding their interprofessional knowledge. That would help them to find better solutions for existing nursing issues and also learn theory development peculiarities that might be slightly different in other field (educology, psychology, antropology)

Second - The influence of development in health care is more and more visible for nursing science as well. We are introducing emotional intelligence, person centred integrated care, personal medicine and so on. Obviously, this will change nursing practice and provision of care. Accordingly, the theoretical ground will be shaped, too. So, nursing researchers and practitioners should be very well informed about those developments, be up to date of innovations and apply theories in regard to current reality

The last point from me would be the need for new theoretical explanations and frameworks for investigation and care practices of culturally diverse patients, minorities, vulnerable populations. I think it would be useful to go more precise to the current populations and adapt the existing theoretical frameworks to new context or develop the novel approaches.